



# Exchange Program - budget

## (1 per country)

First and last name :

Country :

Drawing up a budget forecast helps you understand the cost and feasibility of your planned mobility program, and assess your financing needs. It encourages students to find out about the cost of living in each destination. The cost of living varies from one country to another, and this must be taken into account when choosing a destination. What is more, this can help you avoid having to cancel your exchange program for lack of sufficient financial resources.

Please complete the table below to estimate the costs of your planned mobility. You will need to complete one table for each country you have chosen. This site will help you:

<https://fr.numbeo.com/co%C3%B4t-de-la-vie/classements-par-pays>

Pre-departure expenses	Cost	
	Monthly	Total
Travel to host country (airfare, bus, train)	-	
Other expenses (Visa, Vaccination...)		
Complementary insurance (please note that some universities outside the European Union require you to subscribe to their own insurance scheme; check the university website for details)		
TOTAL		
Daily expenses	Monthly	Total
Hosting		
Food		
Transport		
Telephone / Communication		
TOTAL		

To find out more about UT Capitole's mobility aids, please visit :

<https://www.ut-capitole.fr/accueil/international/etudes-stages-a-letranger/financer-sa-mobilite>