



Toulouse **Fighting against addictions**

Student Health Service : (called The Simpps) on your Campuses

Tabacology consultations, psychologist consultations, consultations with a psychiatrist, nursing interviews, nutrition consultations.

To make an appointment at Simpps :

- ▶ UT1 Center : 05 61 63 37 25 / 05 61 63 37 49
- ▶ UT2J Center : 05 61 50 41 41 / 05 61 50 38 61
- ▶ UPS Center : 05 61 55 73 67 / 05 61 55 73 59

Tabacology consultations (by appointment, Center Simpps UPS)

At the Simpps, you can also consult a nurse, a general practitioner, a psychologist, a social worker, a sexologist, etc., Monday to Friday from 8:30 a.m. to 5 p.m.

Consultations jeunes consommateurs (Young Consumers Consultations) : CJC

Hotline information and support for young people facing addictive behavior.

Several CJsCs exist in Toulouse :

▶ To find one and make an appointment : <https://www.drogues-info-service.fr/Tout-savoir-sur-les-drogues/Se-faire-aider/Les-Consultations-jeunes-consommateurs-CJC-une-aide-aux-jeunes-et-a-leur-entourage#.VPWYI3dq9nU>

Treatment Care Support and Addictology Prevention Center : CSAPA / Centres de Soins d'Accompagnement et de Prévention en Addictologie : CSAPA

Medico-psychosocial and educational care for people in a relationship of dependency with or without substances Several CSAPAs exist in Toulouse: (Centre Maurice Dide CHU, Arpade, Clémence Isaure, Addiction France)

▶ To find one and make an appointment: <https://www.drogues-info-service.fr/Tout-savoir-sur-les-drogues/Se-faire-aider/L-aide-specialisee-ambulatoire#.VPWZeHdq9nU>

Dispositif de Réduction des Risques " Fêtons + Risquons - " (Celebrate more, risk less – a risk reduction system)

Distribution and prevention: Truck from May to October Place Saint Pierre and the bottom of rue Gabriel Péri in the evening, Triporteur in the city center all year round, at various festivals and various festive places

► Instagram account : fetonsplusrisquonsmoins

Poison Control and Toxicovigilance Center / Centre Antipoison et de Toxicovigilance

Hôpital Purpan. Pavillon Louis Lareng. Place du Docteur Baylac - Toulouse

Poison Control and Toxicovigilance Center Purpan Hospital. Louis Lareng Pavilion. Doctor Baylac Square

► 05 61 77 74 47

Resources

MEDICAL EMERGENCY / SAMU ► 112 or 15 (free call)

Drug and Addiction Resource Sites :

► Resources, advices, forums, chats, directories, quizz, etc.

<https://www.drogues-info-service.fr/> 0800 23 13 13

www.tabac-info-service.fr / 3989

www.jeunes.alcool-info-service.fr / 0980 980 930

www.joueurs-info-service.fr / 09 74 75 13 13

Ecoute Cannabis / 0980 980 940

santeaddictions.fr : alcohol, tobacco, cannabis: test your consumption + others informations

www.maad-digital.fr: scientific news media on addictions. Articles, quizzes, videos and infographics to understand the mechanisms of addictions

► **Clémence Isaure** is a regional association that supports and accompanies all those who face health and social distress related to addiction. : <https://www.clemence-isaure.org/>

► **Arpade** is a regional association about Prevention and Assistance of Addictions and exclusions : www.arpade.org

► **Association Addictions France** (formerly ANPAA) Alcohol, cannabis, psychotropic drugs, illicit drugs, excessive gambling and other non-substance addictions. Understand, diagnosis, solutions ► <https://addictions-france.org/>